

For Immediate Release: November 4, 2019

Contact: Rob Poehnelt, Marketing Communications Manager

Phone: 608-833-8033

rpoehnelt@mei.org

Poster at ASN Kidney Week Demonstrates Efficacy of Online Ultrafiltration Rate Calculator

Madison, Wisconsin—The non-profit [Medical Education Institute \(MEI\)](http://mei.org) and [Barwon Health](http://barwonhealth.com) will discuss the effectiveness of Home Dialysis Central's [Ultrafiltration Rate Calculator](#), which will be presented as a poster during [ASN Kidney Week](#) in Washington DC, November 5–10. The poster (# TH-PO354), *An On-line Ultrafiltration Rate Calculator That Empowers Home HD Patients*, discusses the positive effects the calculator has for hemodialysis patients.

Ultrafiltration Rate (UFR)—the speed at which water is pulled out of the blood during a hemodialysis session—is a vital measure of safe and gentle treatment for patients. The calculator allows patients to see how adjusting their dialysis time can help them feel better and avoid the risk of organ stunning. Organ stunning is a dangerous complication that starves organs and tissues of oxygen during dialysis.

Patients who use the UFR calculator have commented about its effectiveness. *"I do HHD, I've used the calculator, and now keep my UF in the green zone,"* said one patient. *"I no longer finish dialysis and need a nap. Treatment is much less exhausting than it used to be."*

ASN Kidney Week attendees may also discuss the UFR calculator, as well as other educational tools and resources, at MEI's exhibit booth #2936.

About MEI: Founded in 1993, MEI is a national 501(c)(3) public charity dedicated to helping people with chronic disease learn to manage and improve their health. MEI fulfills its mission by conducting research, developing evidence-based education for consumers and health professionals, and advocating for patient-centered policies. MEI is funded through licensing of the [KDQOL-Complete](#) service, sales of the 6th edition [Core Curriculum for the Dialysis Technician](#) book and slides, sponsorships for our [Life Options](#), [Kidney School](#), and [Home Dialysis Central](#) websites, fee-for-service contracts, and donations. Contact us at (608) 833-8033 or make a tax-deductible contribution at www.mei.org.

###