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All New Kidney Failure Treatment Matcher
Offers Values-based Decision Making for All Treatment Options

Madison, Wisconsin — Medical Education Institute (MEI) has launched a beta version of its all-new evidence-based decision aid for end-stage kidney disease (ESKD), My Kidney Life Plan. Written at a 5th grade reading level, the tool is a complete update of the award-winning My Life, My Dialysis Choice, and now contains ALL ESKD treatment options: transplant, dialysis, and active medical management (“comfort care”). Each set of options can be toggled on and off by users, and the final version will be in English and Spanish. The 1-page summary is an Advance Directive for ESKD options choice.

My Kidney Life Plan offers vital hope by matching treatment options to lifestyle values. MEI seeks comments from people with non-dialysis chronic kidney disease, those on dialysis, family members, and kidney professionals: 1). Visit https://mykidneylifeplan.org. 2). Choose values from the list. 3). Click the orange comment button on the bottom of each page to comment.

Dori Schatell, MS, MEI Executive Director, says, “No one wants to need treatment for ESKD, and most are frozen with terror and can’t even hear anything we say about options. Starting instead with ‘what matters to you?’ is a less-threatening approach. The tool helps people tap into their motivation and offers hope to overcome fear and move forward toward better lives—despite kidney failure.”

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