

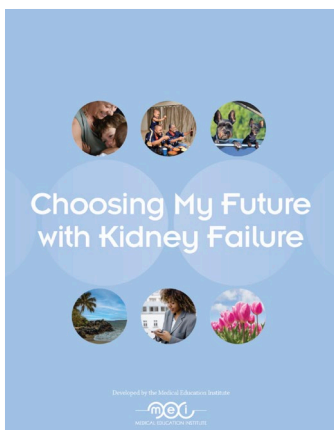
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## MEI Releases New Patient Education Booklet on Choosing Treatment Options for Kidney Failure



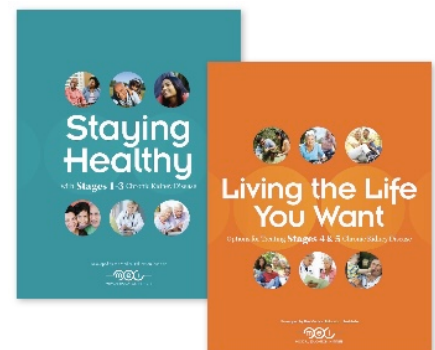
Madison, Wisconsin — The non-profit [Medical Education Institute \(MEI\)](https://www.mei.org) offers a new booklet, [Choosing My Future with Kidney Failure](#), to help people understand how each treatment option may affect their lifestyle, so they can make a choice that is the best fit for their lives.

The 28-page booklet describes transplant, seven ways to do dialysis, conservative

management (“comfort care”), and how to talk about kidney disease with others. Patients benefit from [MEI’s unique approach](#) to chronic disease education, which is hopeful in tone, written at a 5<sup>th</sup>-6<sup>th</sup> grade reading level,

culturally sensitive, based on a thorough review of published science, and grounded in motivational theory to engage people as active self-managers of their disease. **Single copies are available for \$3 each plus shipping and handling. Learn about customization, bulk pricing, and self-print licensing agreements for healthcare networks and providers [here](#).**

[Choosing My Future with Kidney Failure](#) is the latest in MEI’s Kidney disease educational toolkit. This kit also includes [Staying Healthy with Stages 1-3 CKD](#), [Living the Life You Want with Stages 4-5 CKD](#), the [My Kidney Life Plan](#) decision aid, [brochures](#), and [posters](#) for your clinic.



(MORE)

Dori Schatell, MS, MEI Executive Director, says, “We received a number of requests to develop a booklet to explain all of the treatment options, and are pleased to make this new resource available. We encourage clinicians to first offer the free online decision aid: [My Kidney Life Plan](#) first—then follow up with this new booklet.”

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