MEI Dialysis Decision Aid Receives Aesculapius Award of Excellence

Madison, WI – My Life, My Dialysis Choice (MyDialysisChoice.org), a free, online decision aid, has received the 2014 Aesculapius Award for Excellence. Developed by the non-profit Medical Education Institute (MEI), the tool helps people with chronic kidney disease (CKD) see how various types of dialysis would fit their lifestyle and health values. This is the second award the Decision Aid has received; in December, 2014 it received a GOLD Web Health Award.

Patients with late-stage CKD are faced with choices that will affect their lifestyles and longevity. “The type of dialysis has a huge effect on quality of life, and can influence a patient’s ability to keep a job, maintain a normal family life, and continue to enjoy the things that make life worth living,” said MEI Executive Director, Dori Schatell, MS. “My Life, My Dialysis Choice helps CKD patients understand how each option may affect their day-to-day lives.”

The Aesculapius Award for Excellence was established by the Health Improvement Institute to promote excellence in the communication of information about healthy lifestyles, disease prevention, and health care treatments.

My Life, My Dialysis Choice has been recently updated to include information on how dialysis may affect family life, and reorganized to separate the values into lifestyle, health, and family categories. A print version will be available later in 2015.

About MEI: Founded in 1993, MEI is a national 501(c)(3) non-profit organization dedicated to helping people with chronic diseases learn to manage and improve their health. MEI fulfills its mission by conducting research, developing evidence-based educational materials for consumers and health professionals, and advocating for patient-centered policies. MEI is funded through corporate sponsorships, fee-for-service contracts, product sales, and donations. Tax-deductible contributions can be made through MEI’s website, www.meiresearch.org.

###