



MEDICAL EDUCATION INSTITUTE

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## **MEI Dialysis Decision Aid Receives 2014 GOLD Web Health Award**

Madison, WI – *My Life, My Dialysis Choice* ([MyDialysisChoice.org](http://MyDialysisChoice.org)), a free, online decision aid, has received a 2014 **GOLD Web Health Award** in the Web-based Resource/Tool category. Developed by the non-profit **Medical Education Institute (MEI)**, the tool helps people with chronic kidney disease (CKD) see how various types of dialysis would fit their lifestyle and health values.

Patients with late-stage CKD are faced with choices that will affect their lifestyles and longevity. “*My Life, My Dialysis Choice* helps CKD patients understand all of the dialysis options,” said MEI Executive Director, Dori Schatell, MS. “The method of dialysis has a huge effect on quality of life, and can influence a patient’s ability to keep a job, maintain a normal family life, and continue to enjoy the things that make life worth living.”

The 16th annual [Web Health Awards](#) honor the nation’s best digital health resources. A panel of 27 experts in digital health media served as judges and selected gold, silver, bronze, and merit winners from nearly 400 entries. To learn more about the awards, call 1-800-828-8225.

*My Life, My Dialysis Choice* is part of a 3-pronged effort by MEI to improve dialysis options education, along with the award-winning book [Help, I Need Dialysis!](#) and the free **How to Have a Good Future** [toolkit for professionals](#) and [videos for patients](#).

**About MEI:** Founded in 1993, MEI is a national 501(c)(3) non-profit organization dedicated to helping people with chronic diseases learn to manage and improve their health. MEI fulfills its mission by conducting research, developing evidence-based educational materials for consumers and health professionals, and advocating for patient-centered policies. MEI is funded through corporate sponsorships, fee-for-service contracts, product sales, and donations. Tax-deductible contributions can be made through MEI's website, [www.meiresearch.org](http://www.meiresearch.org).

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